

THE HEALTH BAR

Women's Hormone Management

COMPASSIONATE CARE. EVIDENCE-BASED TREATMENT. YOU AT YOUR BEST.

Direct Pay • HSA/FSA Accepted



INITIAL HORMONE CONSULTATION

\$150

Your initial visit includes:

- Comprehensive health and hormone history
- Symptom evaluation
- Review of previous lab work (if available)
- Personalized treatment recommendations
- Hormone education
- Ordering of recommended laboratory testing

*Laboratory testing and medications are billed separately.



HORMONE FOLLOW-UP VISITS

\$100

REQUIRED EVERY 3 MONTHS

for continued prescription management.

Follow-up visits include:

- Review of symptoms and progress
- Medication evaluation
- Prescription management
- Treatment plan updates
- Review of laboratory results, when applicable



MEDICATION ADJUSTMENT VISIT

\$75

AVAILABLE IN PERSON OR VIRTUALLY

between scheduled follow-up visits when additional medication adjustments are needed.



HORMONE OPTIMIZATION PACKAGE

12-Month Package

\$650

MUST BE PURCHASED WITHIN THE FIRST 3 MONTHS OF ESTABLISHING CARE.

INCLUDES:

- ✓ Initial Hormone Consultation
- ✓ Four (4) Hormone Follow-Up Visits
- ✓ Medication Adjustment Visits when clinically appropriate, at the provider's discretion
- ✓ Discounted pricing on specialty laboratory testing
- ✓ Discounted pricing on IV infusions and vitamin injections



A savings of over \$100 compared to individual visit pricing.



ESTABLISHED PATIENT FOLLOW-UP PACKAGE

\$350

FOR ESTABLISHED PATIENTS IN THEIR SECOND YEAR OF TREATMENT.

- ✓ Four (4) Hormone Follow-Up Visits
- ✓ Valid for 18 months from the date of purchase

WHY CHOOSE THE HEALTH BAR?



PERSONALIZED HORMONE CARE

Care tailored to you.



EVIDENCE-BASED TREATMENT PLANS

Science guiding better outcomes.



FLEXIBLE IN-PERSON & VIRTUAL FOLLOW-UPS

Convenient care that fits your life.



PROACTIVE HEALTH. LASTING RESULTS.

Supporting you for the long run.



HSA/FSA ACCEPTED

Use your benefits with confidence.



(336) 513-7269



TheHealthBar.Biz



Burlington, NC



Your health. Your balance. Your best life.

