

THE HEALTH BAR

thehealthbar.biz

INFUSIONS

Myers Cocktail • \$150

The "Gold Standard" for IV vitamins & Minerals, named after the pioneer of vitamin therapy, Dr John Myers. A combination of Vitamin C, Magnesium, B1, B2, B3, B5, B6 & B12 to support overall wellness, immunity and energy
Also available with Calcium for those without contraindications

Immunity • \$150

Give your immune system a boost with a combination of our B-complex, Zinc & Vitamin C

Immunity Plus • \$160

Combining the immune boosting vitamins from our Immunity infusion with the Tri-Immune infusion to include our B-Complex, Zinc, Vitamin C & Glutathione

Quench • \$140

Rehydrate and combat fatigue with a combination of our B-Complex, Mineral Blend, and Vitamin C

Recovery & Performance • \$150

Hydrate and decrease recovery time to improve performance with our combination of B-Complex, Mineral Blend, Amino Blend and Vitamin C

NAD+ • \$250/\$450

NAD occurs naturally in the body and decreases as we age, with low levels being linked with premature aging skin, heart disease, vision loss, and Alzheimers. Increasing levels of NAD may lower risk of chronic disease, relieve chronic pain, and reverse the signs of aging.

250mg is \$250 and is scheduled for 2 hours
500mg is \$450 and is scheduled for 4 hours

Infusion Add-On • \$30

Additional 500ml Normal Saline for added hydration
Additional 1000mg Vitamin C for immune and wellness support

Zofran for nausea and vomiting
Toradol for headaches/pain

\$30 First Add-On \$15 Each Additional Add-On

Brainstorm • \$135

Support memory function, clarity and combat brain fog with Alpha Lipoic Acid, Taurine and Pyridoxine

Tri-Immune • \$115

A blend of three immune boosting essential with antioxidant support: Vitamin C, Zinc & Glutathione

Inner Beauty • \$140

Glow with the combination of our B-Complex, Vitamin C & Biotin to support skin and hair from the inside out

Reboot • \$140

Ease headaches, nausea and dehydration with a combination of our B-Complex, Mineral Blend and Zofran

Premium Recovery • \$215

Premium Recovery & Performance with increased vitamin levels and a total of 1000ml of Normal Saline

Glutathione • \$60/\$100

Glutathione, the master anti-oxidant, 1 gram in 500ml Normal Saline as an independent infusion \$100
Add-on to any infusion not already containing Glutathione \$60

Additional Savings • Varies

Two infusions same day, restricted by vitamin content:
\$15 Discount

Injection with an Infusion, same day: 1/2 off injection

Ask us about our promotions and special offers

INJECTIONS

B12 • \$30

B12 in the form of Methylcobolamin for boosting energy and supporting overall wellness

4-pack: \$105

May be given once weekly

Lipo-Mino • \$35

Increase energy and support metabolism with B1, B2, B6, B12, Inositol, Methionine & Choline

4-pack: \$125

May be given once weekly

Vitamin D3 • \$30

Supports a healthy immune system as well as bone and nerve health

4-pack: 105

May be given once weekly

Tri-Immune Boost • \$35

Immune boosting vitamins from our tri-immune infusion: Vitamin C, Zinc, and Glutathione

4-pack: \$125

May be given once weekly

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WOMEN'S HORMONE OPTIMIZATION

We offer personalized hormone optimization for women utilizing Bioidentical Hormone Replacement Therapy (BHRT) to help restore balance, relieve symptoms, and support long-term health.

Bioidentical hormones are structurally identical to the hormones your body naturally produces.

Hormone therapy may help improve symptoms associated with perimenopause and menopause as well provide long-term health benefits.

Schedule a free discovery call to learn if our program is right for you.

GLP WEIGHT LOSS

Combining GLP medication therapy with a balanced diet and exercise program can help aide with weight loss.

Our program combines in-person check-ins with home weekly injections, personalized to your unique weight loss needs.

Schedule an appointment to enhance your weight loss journey.

INMODE TRANSFORM

Bipolar Radiofrequency with Electric Muscle Stimulation is utilized to tighten skin, burn fat, and tone muscle.

Package offerings vary by desired outcome and treatment areas.

VITAMIN BLENDS

B-Complex

The B-Complex Blend includes B1 (Thiamine), B2 (Riboflavin), B3 (Niacin), B5 (Pantothenic Acid) & B6 (Pyridoxine)

Mineral Blend

The Mineral Blend includes Magnesium, Manganese, Copper & Zinc

Amino Blend

The Amino Blend includes Proline, Arginine, Citrulline & Lysine